



Coaching Agreement

Coaching is a co-operative adventure. Together, we will identify your goals and overcome obstacles. Together we will deepen your learning about yourself. Together we will make changes in you life!

This is a coaching agreement between Me: _____ (client)
And Keith Reinert my Life Coach

1. I will work toward living a successful, happy, satisfying, purposeful life. I will let my Life Coach motivate challenge and support me toward this end. I understand that the results that I achieve are linked to my openness, commitment, and efforts. All of my successes are a credit to my own work and me. (____init)

2. I understand that my Keith Reinert is not a licensed therapist, and does not portray himself as such. (____init)

3. I understand that my Keith Reinert will keep all of our work together fully confidential in accordance with all state laws. (____init)

4. I commit to work with my Life Coach for an initial minimum of 16 weeks. This will allow enough time to define goals & set up structures, as well as overcome learning or motivational plateaus. (____init)

5. My scheduled coaching session will be on _____ (day) at _____(time). Typically phone sessions will be 3 weeks in a row then a week off unless otherwise agreed. Both of us agree to provide 24 hours notice to reschedule. Appointments cancelled within 24 hours will not be rescheduled (except emergencies). (____init)

Payment is due in advance of the first coaching session. Fees are \$300 per 4 week cycle (unless otherwise agreed). This includes 3 coaching sessions 30 to 50 minutes each, & one week off, plus e-mail support. Payment will be made for the first 16 week commitment in one payment (unless otherwise agreed). Payment for sessions canceled within 24 hours or otherwise missed will not be refunded (except emergencies). (____init)

_____/_____/_____
Client Signature